



# Sully Beach Clean



## ***Keeping Safe on a Beach Clean***

***Tides*** - will have been checked but keep an eye on the water level anyway. You can check out tide times yourself at [www.goodbeachguide.co.uk](http://www.goodbeachguide.co.uk).

***Gloves*** – Always use them to pick up litter. Watch your step on slippery rocks and mud flats.

***Containers and drums*** – Don't touch them. Alert your organiser, they'll know what to do.

***Heavy items*** – Get help if you need to lift something.

***Warning! - Syringes, needles and glass*** – Call your event organiser over to safely remove any glass, syringes or needles and put in a 'sharps' box or rigid container.

***First aid kit*** – Your organiser may well have one but to be on the safe side pop some plasters and painkillers in your beach cleaning bag.

***Under 18's*** – To comply with insurance young volunteers must be accompanied by an adult who will be asked to sign a parental consent form by the organiser.

***Coastguard*** – Can be contacted by calling 999.



**The beach clean and survey equipment** - you'll be given a clipboard and pen, litter picker or gloves, bin liner and volunteer survey sheet.

**100m** - you'll be cleaning and recording litter along a 100m stretch of beach from the line the tide last reached to the back part of the beach. This is to standardise the data for all beaches cleaned. You can clean as much as you like afterwards. The organiser will let you know where the survey area is.

**Team work** - it's best to work in teams and three is an ideal number - one to pick up, one to hold the bag and one to record everything that's found.

**Groups** - you're responsible for your group during the survey - arrange them into teams; make sure each team has the right equipment; keep them in the survey area; make sure they add up the columns on the survey sheet, and the weight and number of bags collected on the survey form. Remind them to take the bags to the designated drop point and return equipment to organiser at the end.

**Record and bag everything** - every item of litter within the survey area must be picked up, recorded and bagged.

**Not sure?** - if you can't identify an item ask your organiser who has an ID guide.

**Tally ho!** - record items on the sheet using a tally system (###). Then at the end of the survey, add up the total amount and enter as a number in the column next to the litter item.

**If it's natural** - items like seaweed, wood (with no paint or nails) can be left where they are as they're important habitats for wildlife such as seabirds.

**Name and shame** - make a note of litter from foreign countries or that is branded.

**Quirky** - make a note of any unusual items you find on the back of the survey sheet and if you can, take a photo on your phone and email to [beachwatch@mcsuk.org](mailto:beachwatch@mcsuk.org) with details of where and when you found them – we may use your pic in our report!

**Wildlife** - note any dead, entangled or stranded animals and let your organiser know – also take a photo on your phone if you can and email to [beachwatch@mcsuk.org](mailto:beachwatch@mcsuk.org).

**Sticky** - make a note on the back of the sheet if you see oil or tar.

**Nurdles** - you may spot these, they are small plastic pellets. Make a note if you find them under 'small plastic pieces', let your organiser know and bag them.

**Weigh-in** - if your organiser has weighing scales, weigh your bags and add the weight figure to your survey sheet.

**Bags** – your organiser will tell you where to take your full rubbish bags at the end of the event. Then hand your survey sheets to your organiser and enjoy the rest of your time on the beach!